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AN OBSERVATIONAL STUDY- AYURVEDA CANCER UNIT INDORE AYURVEDA PROVIDES RELIEF IN INCREASING MOUTH CANCER

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Abstract: May 31 is observed as No Smoking Day all over the world, this time the theme is Highlighting the Strategy of Industries on Tobacco and Nicotine Production. To create awareness among tobacco users about the impact of the entire tobacco life cycle from its cultivation, production, distribution, use and waste management, basically educating them and giving them adequate reasons to quit. The focus was on eliminating diseases and deaths caused by tobacco and smoking use.

The fraud of tobacco companies marketing their products as eco-friendly is to be highlighted. The campaign aims to ask policymakers and the government to formulate stricter policy and guidelines and strengthen the existing policy so that tobacco producers are held accountable for tobacco product waste that harm the environment.

It simply means keeping the younger generation away from poisons like tobacco. Programs are organized at various places to be aware of the diseases caused by the consumption of tobacco and its substances, especially cancer, and how they can be avoided through their lifestyle.

Keywords: *Cancer, Tobacco, Addiction, mouth, Ayurveda*

INTRODUCTION

DISCUSSION



CONCLUSION

The number of cancer patients in Ashtang Ayurveda Hospital Lokmanya Nagar continues to increase day by day . Patients of minor and serious diseases are coming to the hospital for treatment. The steady trend of cancer patients is moving towards Ayurveda.

Today we are seeing that the number of cancer patients is increasing day by day and many types of surgery, chemotherapy, radiotherapy, immunotherapy and many other

METHODS

of treatment are failing for the patients, even after a lot of treatment, there is a possibility of spreading cancer. The wounds during cancer treatment do not heal. And patients see many disadvantages of chemotherapy and radiotherapy. In such a situation, patients see a ray of hope in Ayurveda, where their problems are seen to be solved. In the Government Ashtang Ayurveda College, Lokmanya Nagar, Indore, cancer patients from all over India are coming to the surgery department with their problems and are getting their problems solved. Patients are being treated with Satvajaya therapy (morale booster) and de-addiction.

The number of cancer patients continues to increase

In the year 2020, the number of patients undergoing treatment by Ayurveda suffering from cancer was 73, out of which the number of men was 42 (57.53%) and the number of women was 31 (42.46%). In the year 2021, there were a total of 231 patients, out of which 128 were male cancer victims (55.41%) and women were 103 (44.58%), including a boy and a girl who were suffering from blood cancer. In 2022, the number of cancer patients was 412, out of which the number of male victims was 206 (50%) and the number of female victims was also 206 (50%), that is, gradually the number of women suffering from cancer also increased, in 2023, the total number of cancer patients is 526, of which 261 (49.62%) are male and 265 (50.38) female are cancer patients. In 2023 too, the number of women suffering from cancer was more than the previous year. In the year 2024, 826 cancer patients have received their treatment with Ayurveda method. In which the number of male patients was 404 (48.91%) and the number of female patients was 422 (51.09%). In the year 2025, the number of cancer patients treated with Ayurveda in the hospital has been 910 till



October 2025

Year	Cancer patients	Male	Female	Male %	Female %
2020	73	42	31	57.53%	42.46%
2021	231	128	103	55.41%	44.58%
2022	412	206	206	50%	50%
2023	526	261	265	49.62%	50.38%
2024	826	404	422	48.91%	51.09%
2025	1013	513	500	50.64%	49.36%

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